Welcome



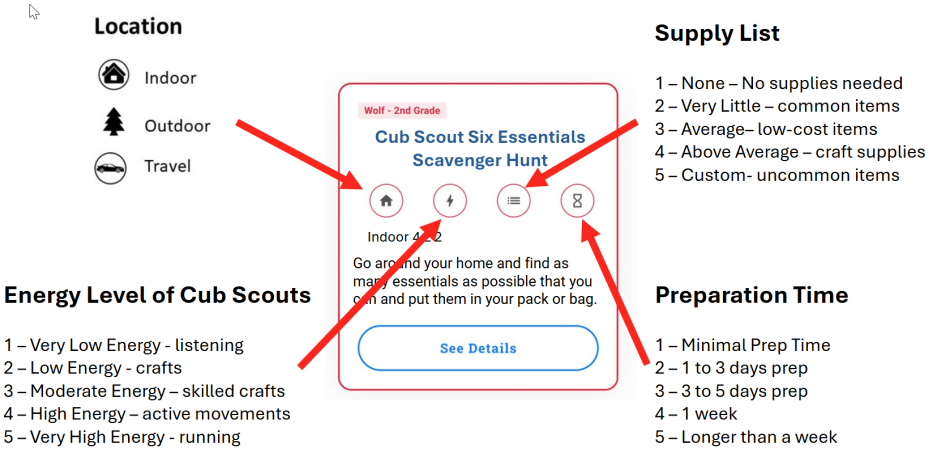
How to Use This Guide

There are many ways to complete the requirements to earn this patch. You can:

- Throw a 250th Birthday party during a Pack or den meeting
- Using a Pack planner to plan your meeting
- Select your favorite, recommended activities to complete the requirements
- Come up with your own activities to complete the requirements

This guide has everything you'll need! While there are many options listed in this guide, you can create a plan including new activities that work for you and your Cub Scouts.

The activity cards use the following key to help in selecting activities:



Technical Note: The service project links in requirement 5 require an internet connection.

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Snapshot of the Liberty in Action Patch

The 250th Anniversary of the U.S.A. patch is a temporary patch that can be earned:

- By all Youth, Scouts, Explorers, Family Members, and Adults
- From March 2026- February 2027
- Patches should be available for purchase the beginning of April 2026 in Scout stores.
- Please take photos and use #America250Partner when posting on social media. Don't forget to tag Scouting America!
- The Liberty in Action patch:



Safety Moment

- Prior to any activity, use the **Scouting America SAFE Checklist** to ensure the safety of all those involved.
- All participants in official Scouting America activities should become familiar with the **Guide to Safe Scouting** and applicable program literature or manuals.
- Be aware of state or local government regulations that supersede Scouting America practices, policies, and guidelines.
- Before conducting a craft activity, review the **Craft Tips video** (2 minutes 34 seconds.)

Requirements to Earn this Patch

LIBERTY IN ACTION
AMERICA'S 250TH ANNIVERSARY CHALLENGE

Let's Make History Together Starting March 2026 through February 2027

As America celebrates the 250th anniversary of the signing of the Declaration of Independence, Scouting America invites you to explore ideas about citizenship and community, take on creative challenges, and visit historic places. Team up with friends and family to complete these challenges to learn about and celebrate the spirit of our country.

1. Founding Ideals in Today's Life
Choose one from the following options:

a) Research what these three famous phrases from the Declaration of Independence meant in 1776 and what they mean today, and provide modern examples showing how they apply in real life to a family member, friend, or your unit:
- "We hold these truths to be self-evident ..."
- "All men are created equal ..."
- "Life, Liberty, and the pursuit of Happiness ..."

b) Identify something that makes you think of fairness, freedom, or happiness, and share your findings with a family member, friend, or your unit. Explain how it connects to your life.

2. Civic Spirit & Scouting
Choose one from the following options:

a) Research and share examples of times when Scouting America or the Exploring program supported national spirit — such as significant service efforts, national events, or community initiatives. Share your findings with a family member, friend, or your unit.

b) Create a time capsule — real, digital, or a simple list of items. Choose things that best show what Scouting in America or the Exploring program is all about.

3. Creative Expression
Choose one from the following options:

a) Design a unit-level shoulder patch or commemorative coin for the United States Semiquincentennial (250th anniversary). Explain the symbolism you chose to a family member, friend, or your unit.

b) Perform a 2- to 3-minute speech on one of the listed topics:
- What liberty means to me in 2026
- One right I won't take for granted
- An American who inspires me and why
- What freedom looks like where I live

c) Create a short video (60-90 seconds) or a poster series suitable for sharing on social media that connects the ideals of 1776 to life today. (Youth must have parent/guardian approval before any posting.)

d) Learn a skill or play a game from the 1700s.

4. Founding Era Site Visit (In-Person or Virtual)
Choose one from the following options:

a) Visit a site from the American founding era (1760–1805). Virtual tours qualify.

b) Attend the National Jamboree "America250" display.

c) Research your local community's history and its development since 1776, and share what you learn with a family member, friend, or your unit.

d) Participate in a 250th anniversary celebration event.

5. Service Milestone - Part of Scouting America's Impact365 Initiative
Participate in a service project that reflects American founding ideals — such as service to community, civic responsibility, liberty, equality, or the common good. Record and submit your service hours.

Scouting America | AMERICA 250

Pack Meeting Planning Worksheet

Use this Pack planning worksheet to enlist others to help with this Pack meeting.

		Assigned to:
Before the Meeting	Ask families to bring patriotic snacks and drinks for the 250th birthday party. (Req. 4)	
During the Meeting:		
Gathering Activity	Stars, Stripes, and Sketches (Req. 1)	
Flag Ceremony	Flag Ceremony	
Opening Remarks:	Opening Remarks Cub Scouts Do Their Best! Audience Participation Story (Req. 2)	
Activity Stations:	1. Colonial Games Carnival (Req. 3) 2. Rolled Beeswax Candle Making (Req. 3) 3. Make cards for 10,000 for Troops (Req. 5)	
	250th Birthday Party Refreshments	
Closing Ceremony:	Lighting the Way Forward	
Leader Minute	Building the Next 250 Years	
Closing Flag Retirement	Closing Flag Ceremony	
After the Meeting:	Tidy up the meeting space.	

Liberty in Action Pack Planner

SNAPSHOT OF THE PACK MEETING

This meeting resource is for the Liberty in Action special event patch. The pack meeting will celebrate America's 250th birthday with a fun, hands-on party that brings history, citizenship, and service to life. Throughout this special meeting, Cub Scouts will travel through engaging activity stations that explore the meaning of liberty, life in colonial times, and how Scouts can serve their communities today. Scouts will participate in historic games, create meaningful crafts, learn about the values that shaped our nation, and take part in a simple service project that reflects the Scout Oath and Law in action.

By participating in this exciting celebration, every Cub Scout will complete all the requirements to earn the Liberty in Action patch. This meeting not only honors our nation's past but also inspires Scouts to live as active, caring citizens who help shape America's future.

BEFORE THE MEETING

The details of the Liberty in Action - America's 250th Birthday Celebration should be planned and coordinated before this pack meeting; this way, the Cub Scouts will have completed all their requirements for earning the patch by attending the event, and the patches can be presented at the party.

The event should be scheduled for a date and time that works best for the families in the pack; this may mean planning it for a date and time that is not during a regular pack meeting schedule. Ideally, the celebration is at a time when all parents and family members can participate.

It is best to communicate details in a written form that is distributed to parents and legal guardians, and referred to often, as this will help ensure everyone is well informed and prepared.

- 30 days before the meeting, confirm access to the event location
- At the Pack Committee or Parents 'Meeting before the Pack Meeting, make assignments using the Liberty in Action Pack Meeting Planner.
- Purchase supplies, including Liberty in Action patches.
- 7 days before the meeting, send out a meeting reminder.
- 3 days before the meeting, send out a second meeting reminder.
- The morning of the meeting, send out a third meeting reminder.
- On the day of the meeting, set up the meeting location.
- Set Up Activity Stations.

DURING THE MEETING

GATHERING ACTIVITY – Stars, Stripes, and Sketches

OPENING FLAG CEREMONY - 250 Years of the American Flag

Participants: 6-8 Cub Scouts (mixed ages if possible) & Leader/Cubmaster

Props: Current US Flag

Images of historic flags

Script:

Scout 1: Today, we celebrate 250 years of our nation's history.

Scout 2: During those 250 years, our flag has changed as our country has grown.

Scout 3: Each star represents a state, and each stripe reminds us of our original colonies.

Scout 4: The flag stands for freedome, responsibility, and service to others.

Scout 5: As Cub Scouts, we promise to do our best to live up to those values.

Scout 6: Please stand and join us in honoring our flag.

Color Guard advances the flag.

Designated Leader: Please join me in the Pledge of Allegiance.

Scout 1: Color Guard, post the colors.

Flag is posted.

OPENING REMARKS

Hello Cub Scouts and families! Today, we're celebrating something amazing — a birthday party 250 years in the making!

Two hundred and fifty years ago, in 1776, brave people made a big choice. They believed that freedom was worth working for, protecting, and sharing. They didn't know exactly what the future would look like, but they had the courage to try — and because they did, we are here today.

Cub Scouts live by those same ideas. We do our best. We help others. We tell the truth. And we work to be good citizens in our homes, schools, and communities.

Today, as we celebrate America's 250th birthday, we're also celebrating you — because you are all a part of America's story. The choices you make, the kindness you show, and the help you give others will shape what the next 250 years will be like.

So let's celebrate, have fun, try new things, and remember: even the smallest actions can make a big difference!

PACK MEETING

Audience Participation Story - Cub Scouts Do Their Best

ACTIVITY STATIONS
Set up three activity stations, each station is led by an adult who has been given the resources ahead of time to prepare for the activity or activities. Cub Scouts rotate to each station either by den or multi-rank dens.

STATION 1: Colonial Games Carnival
STATION 2: Rolled Beeswax Candle Making
STATION 3: 10,000 for the Troops Service Project

REFRESHMENT BREAK

Purpose
Cub Scouts and their families will share patriotic-themed snacks and birthday cake to celebrate America's 250th birthday and build community through fellowship.

Sing "Happy Birthday" to America!

CLOSING CEREMONY - Lighting the Way Forward

Purpose
The birthday candle ceremony helps Cub Scouts reflect on the values of freedom, responsibility, service, respect, and hope, while recognizing their completion of the Liberty in Action patch and reminding them that by living these values each day, they help carry the light of America forward into the future.

Supplies
- Printer
- Printed copy of Lighting the Way Forward script PDF
- 6 flameless LED candles
- Liberty in Action patches (1 for each participant)

Setup
1. Print the script.
2. Place the 6 candles on a table at the front of the room.

Directions
1. Narrator follows the script.

Script
LEADER: Tonight, each of you has taken part in activities that helped you learn about our country, serve others, and live the values of freedom, responsibility, and citizenship. You have successfully completed all the requirements for the Liberty in Action patch—well done and congratulations! This patch is a symbol of your commitment to helping others and being an active part of America's story. Before you leave tonight, please come see me to receive your Liberty in Action patch.

For 250 years, the light of our nation has been carried by people who believed in freedom and worked together to protect it. Tonight, we remember that light — and how it continues to shine in each of us.

Leader turns on the first candle.

This light represents the beginning of our country and the ideals it was built upon. Just as this light shines brightly, those ideals continue to guide us today.

SPEAKER 1: This candle represents freedom. Freedom means being able to make choices and standing up for what is right.

Speaker 1 turns on second candle.

SPEAKER 2: This candle represents responsibility. Responsibility means doing what you say you will do and taking care of others.

Speaker 2 turns on third candle.

SPEAKER 3: This candle represents service. Service means helping our families, our communities, and our country.

Speaker 3 turns on fourth candle.

SPEAKER 4: This candle represents respect. Respect means treating people, our flag, and our nation with honor.

Speaker 4 turns on fifth candle.

SPEAKER 5: This candle represents hope. Hope means believing the future can be bright — and doing your part to make it so.

Speaker 5 turns on sixth candle.

Leader Minute

LEADER: Each of these lights shines on its own, but together, they shine even brighter — just like the people of our country. These lights remind us that America's future is not built all at once. It is built day by day, by people who choose to live these values. And tonight, we are reminded that the light of America's next 250 years is already shining… in Cub Scouts like you.

Tonight, each of you also made your own candle. That candle is more than just a craft — it is a reminder that you carry this light with you. When you take your candle home, I encourage you to light it with your family as part of America's 250th birthday celebration. As its flame glows, remember the values you learned tonight and the important role you play in helping others and building a bright future. Just like that candle, may your light continue to shine wherever you go.

Congratulations on demonstrating Liberty in Action!

Closing Flag Ceremony:

Participants: Color Guard (2-4 Cub Scouts) & Leader

Directions:

Leader, quietly: "Please stand."

Leader, softly: "Color Guard, retire the colors."

Color Guard retrieves the flag slowly and respectfully. Once the flag is secured, Color Guard pauses and salutes.

Leader, softly: "The meeting is now closed. Good night."

Requirement 1: Founding Ideals in Today's Life - Activity Ideas

1. Founding Ideals in Today's Life

Choose one from the following options:

a) Research what these three famous phrases from the Declaration of Independence meant in 1776 and what they mean today, and provide modern examples showing how they apply in real life to a family member, friend, or your unit:

- "We hold these truths to be self-evident ..."
- "All men are created equal ..."
- "Life, Liberty, and the pursuit of Happiness ..."

b) Identify something that makes you think of fairness, freedom, or happiness, and share your findings with a family member, friend, or your unit. Explain how it connects to your life.

Here are some ideas to fulfill requirement 1b:



Requirement 2: Civic Spirit & Scouting – Activity Ideas

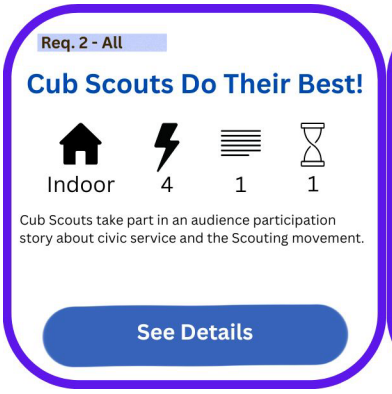
2. Civic Spirit & Scouting

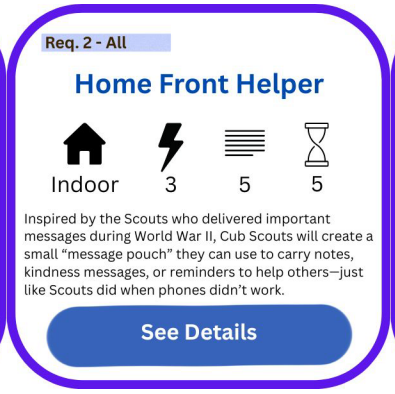
Choose one from the following options:

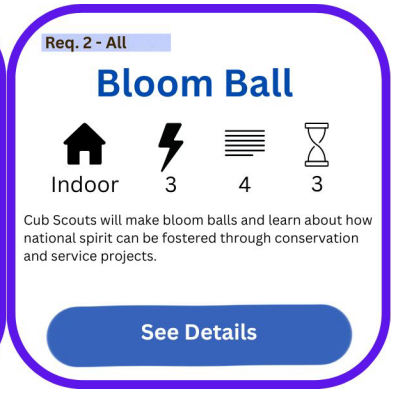
a) Research and share examples of times when Scouting America or the Exploring program supported national spirit — such as significant service efforts, national events, or community initiatives. Share your findings with a family member, friend, or your unit.

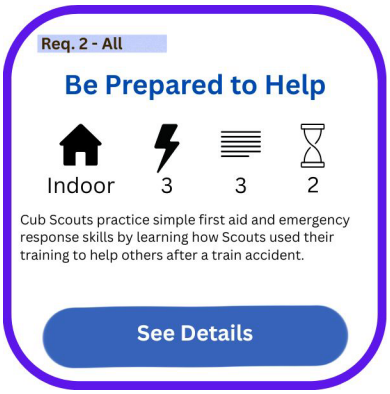
b) Create a time capsule — real, digital, or a simple list of items. Choose things that best show what Scouting in America or the Exploring program is all about.

Here are some ideas to fulfill requirement 2a:









Requirement 3: Creative Expression – Activity Ideas

3. Creative Expression

Choose one from the following options:

a) Design a unit-level shoulder patch or commemorative coin for the United States Semiquincentennial (250th anniversary). Explain the symbolism you chose to a family member, friend, or your unit.

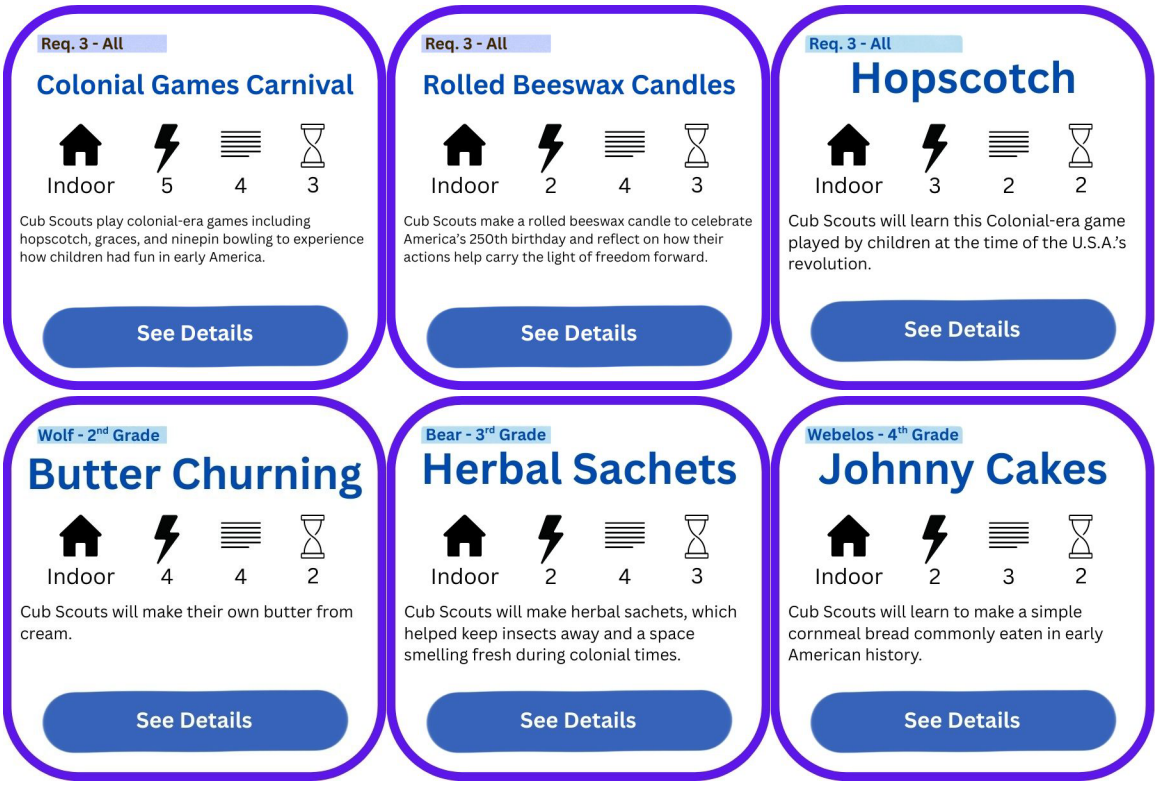
b) Perform a 2- to 3-minute speech on one of the listed topics:

- What liberty means to me in 2026
- One right I won't take for granted
- An American who inspires me and why
- What freedom looks like where I live

c) Create a short video (60-90 seconds) or a poster series suitable for sharing on social media that connects the ideals of 1776 to life today. (Youth must have parent/guardian approval before any posting.)

d) Learn a skill or play a game from the 1700s.

Here are some ideas to fulfill requirement 3d:



Requirement 4: Founding Era Site Visit – Activity Ideas

4. Founding Era Site Visit (In-Person or Virtual)

Choose one from the following options:

a) Visit a site from the American founding era (1760–1805). Virtual tours qualify.

b) Attend the National Jamboree "America250" display.

c) Research your local community's history and its development since 1776, and share what you learn with a family member, friend, or your unit.

d) Participate in a 250th anniversary celebration event.

Here are some ideas to fulfill requirement 4d:



Requirement 5: Service Milestone – Activity Ideas

5. Service Milestone - Part of Scouting America's Impact365 Initiative

Participate in a service project that reflects American founding ideals — such as service to community, civic responsibility, liberty, equality, or the common good. Record and submit your service hours.

Here are some ideas to fulfill this requirement:

Scouting for Food	**10,000 for Troops**

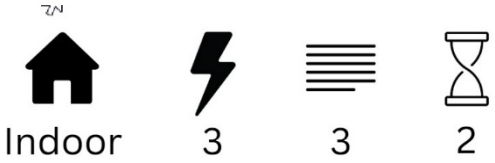
LION **Book Drive**	LION **Art Supply Drive**	TIGER **Sock Drive**
TIGER **Board Game Collection**	WOLF **Pet Supply Drive**	WOLF **Toys for Tots**
BEAR **Eyeglass Donation Drive**	BEAR **Plant Trees**	WEBELOS **Happy Birthday Bags**
WEBELOS **Diaper & Formula Drive**	ARROW OF LIGHT **Helping Neighbors**	ARROW OF LIGHT **Little Free Library**

Requirement One Activity Cards

Req. 1 - Stars, Stripes, and Sketches

Snapshot of Activity

As Cub Scouts arrive, they will help create a giant Pack mural that shows what the ideas of fairness, freedom, and happiness mean to them. This activity helps Scouts reflect on our country's core values while creating a colorful and meaningful display that can be shared during the America's 250th birthday. celebration.



Stars, Stripes, and Sketches - Supply List

- White butcher paper
- Painters tape
- Markers

Stars, Stripes, and Sketches – Directions

Before the meeting:

1. Place butcher paper and markers on a table.

During the meeting:

1. Explain the activity. Everyone will be invited to draw pictures or write words that show what makes them feel free, how people can be fair to one another, or what brings them happiness in their lives and communities.
2. Give Cub Scouts time to add illustrations or notes to the mural. Some suggestions include:
   - Write/draw about a time you helped someone.
   - Write/draw about something that makes you happy.
   - Write/draw about a time someone was kind to you.
   - Write/draw about a special memory with your family.
3. Once completed, use painter's tape to hang up the mural as a decoration for the party!

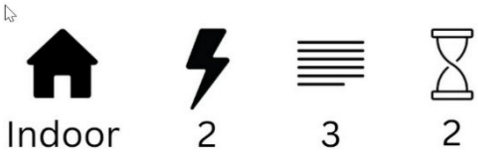
Stars, Stipes, and Sketches – Additional Resources

None

Req. 1 – Build the American Dream

Snapshot of Activity

Cub Scouts will build a Lego model that represents fairness, freedom, or happiness to them.



Build the American Dream - Supply List

- LEGO base plate (1 per Cub Scout)
- Assorted LEGO bricks (at least 30 per Cub Scout)
- Assorted LEGO minifigs (2 per Cub Scout)

Build the American Dream – Directions

Before the meeting:

During the meeting:

1. Explain that America was founded on big ideas like fairness, freedom, and the pursuit of happiness.
2. Ask Cub Scouts to think about what one of these ideas means to them.
3. Give each Cub Scout 1 LEGO base plate and invite them to build something that represents their idea. Encourage creativity! There is no right or wrong answer.
4. After building, invite Cub Scouts to share their creation and explain what it represents with their family, Den, or Pack.

Build the American Dream – Additional Resources

None

Req. 1 – Picture What Matters!

Snapshot of Activity

Cub Scouts will create a collage that reminds them of the values of fairness, freedom, or happiness.



Picture What Matters - Supply List

- Poster board (1 per Cub Scout)
- Markers
- Magazines
- Scissors (1 pair per 3 Cub Scouts)
- Glue sticks (1 per 3 Cub Scouts)

Picture What Matters – Directions

Before the meeting:

During the meeting:

1. Explain the activity. Everyone will use the supplies to create a collage that reminds them of one of the core values of fairness, freedom, or happiness.
2. Have Cub Scouts look through old magazines and for pictures, words, colors, and patterns that match their idea.
3. Have Cub Scouts carefully cut out what they would like to use in their collage. Remind them that they can ask an adult for help, if needed.
4. Let them place their cutouts on the poster board without gluing yet. Have them move things around until they like how it looks.
5. Once they are happy with the design, have the Cub Scouts glue each piece onto their poster board, pressing gently so it sticks flat.
6. When finished, Cub Scouts will share their collage with their family, Den, or Pack, and explain how it relates to these core values.

Picture What Matters – Additional Resources

None

Requirement Two Activities

Req. 2 - Cub Scouts Do Their Best!

Snapshot of Activity

Cub Scouts participate in an audience participation story about civic service and the Scouting movement.



Cub Scouts Do Their Best! - Supply List

- Printer
- Printed copy of the script

Cub Scouts Do Their Best! – Directions

Before the meeting:

1. Print the script.

During the meeting:

1. Narrator follows the script (on next two pages).

Cub Scouts Do Their Best! Script

Script

LEADER: Hello, Scouts and friends! Today we're going to tell a story together — but I can't do it without YOU! Any time I say "Cub Scout," you say "Do Your Best!" Let's try it. Cub Scout!

AUDIENCE: Do Your Best!

LEADER: Great! And anytime I say "Help our town," everyone should clap three times and say "We can help!" Let's practice. Help our town!

AUDIENCE: *Clap, clap, clap.* We can help!

LEADER: Awesome! Let's start our story.

One sunny morning in a busy town, a group of Cub Scouts—

AUDIENCE: Do Your Best!

LEADER: —woke up ready for adventure. They put on their uniforms, tied their neckerchiefs, and met in the park for their Den meeting. But when the Cub Scouts —

AUDIENCE: Do Your Best!

LEADER: arrived at the park, they noticed something. The park had trash all over the ground. Oh no! The Cub Scouts —

AUDIENCE: Do Your Best!

LEADER: —said, "We need to — Help our town!"

AUDIENCE: *Clap, clap, clap.* We can help!

LEADER: So they grabbed gloves and trash bags. Everyone, pretend to pick up trash! Reach down… pick it up… toss it in the bag! Soon the park was all clean and tidy. The mayor of the town walked by and said, "Thank you, Cub Scouts—"

AUDIENCE: Do Your Best!

LEADER: "—for helping our town!"

AUDIENCE: *Clap, clap, clap.* We can help!

LEADER: But wait! Across the street, an elderly neighbor was trying to carry heavy groceries. The Cub Scouts —

AUDIENCE: Do Your Best!

LEADER: — knew just what to do. Help our town!

AUDIENCE: *Clap, clap, clap.* We can help!

LEADER: Everyone, pretend to carry heavy grocery bags. Oof! They're heavy! The Cub Scouts —

AUDIENCE: Do Your Best!

LEADER: — carried the bags and the neighbor said, "Thank you! You are so kind and helpful!" As the day went on, the Cub Scouts —

AUDIENCE: Do Your Best!

LEADER: — kept finding ways to serve their community. They planted flowers. Everyone, pretend to dig and plant flowers…. They made cards for people who were sick. Everyone, pretend to write a card and give a big smile…. Each time they helped, they showed their community what being a Cub Scout —

AUDIENCE: Do Your Best!

LEADER: — is all about. By the end of the day, the town looked brighter. The park was clean. The flowers were blooming. The people were smiling. The mayor gathered everyone together and said, "Because of these Cub Scouts—"

AUDIENCE: Do Your Best!

LEADER: —our town is cleaner, happier and kinder. You showed us all how to help our town!

AUDIENCE: *Clap, clap, clap.* We can help!

LEADER: The Cub Scouts —

AUDIENCE: Do Your Best!

LEADER: — learned something important that day: When we work together, when we help others, when we do our best, we can make our whole world better! So remember, whenever you see a chance to help, what do we do, Cub Scouts?

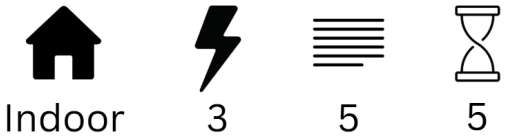
AUDIENCE: Do Your Best!

LEADER: Great job! Our story is over — but your acts of service are just beginning.

Home Front Helper – Req. 2

Snapshot of Activity

Inspired by the Scouts who delivered important messages during World War II, Cub Scouts will create a small "message pouch" they can use to carry notes, kindness messages, or reminders to help others—just like Scouts did when phones didn't work.



Home Front Helper - Supply List

- Carpi Sun juice pouches, empty, washed, and completely dry (1 per Cub Scout)
- Paracord, cut to 24 inch lengths with ends fused (1 per Cub Scout)
- Lighter
- Scissors
- Hole punch
- White spray paint
- Paint markers
- Colorful Duck Tape
- 3x5 index cards (3 per Cub Scout)
- Pencils (1 per Cub Scout)
- Markers

Home Front Helper – Directions

Before the meeting:

1. Empty the juice from all the Capri Sun juice pouches. (Preferably, have Cub Scouts enjoy the juice at a meeting and save the empty pouches to reuse and repurpose for this activity.)
2. Cut off the top 1/2 inch of the juice pouches.
3. Thoroughly clean and dry the inside and outside of the pouches.
4. Punch a hole through the top corner of each pouch, *only through the front layer, not through both*, about ½ inch down from the top edge.
5. Use the white spray paint to cover the front and back of all pouches.
6. Cut paracord into 24 inch lengths and fuse the ends.
7. Gather all materials and set up a clean workspace.

During the meeting:

1. Leader says: "Cub Scouts, during World War II, there were times when phones didn't work and messages had to be delivered by hand. Scouts helped by carrying important notes and information across their towns so people could get help and stay informed. They used

simple tools—bags, pockets, and pouches—to carry those messages. What mattered most wasn't what the pouch looked like, but what it carried and who was willing to help. Today, we're going to make our own message pouches using recycled juice pouches. Just like the Scouts during World War II, you'll be creating something useful out of everyday materials. Your pouch will carry messages of help, kindness, and readiness—reminders that a Scout is always prepared to serve others. This craft reminds us that even small actions, like carrying a message or lending a hand, can make a big difference."

2. Give each Cub Scout a blank pouch. Have them use paint markers and colorful Duct Tape to decorate the pouch.
    - Decorating ideas:
        - a lightning bolt for fast messengers
        - a smiley face for kindness
        - words like Helpful, Be Prepared, or Do Your Best
3. Give each Cub Scout a length of paracord. Have them thread the paracord through the pre-punched holes and tie an overhand knot at each end to act as a stopper. Help them adjust the length so it hangs comfortably. This creates their carrying strap.
4. Distribute the 3x5 index cards (3 per Cub Scout), pencils (1 per Cub Scout), and markers. Have them write and draw messages of kindness and encouragement on the index cards.
    - Message ideas:
        - I can help at home by ____.
        - I can help at school by ____.
        - A Scout is helpful.
        - Today I will Do My Best.
5. Ask the Cub Scouts to put their completed index cards into their pouches to take with them.
6. Have the Cub Scouts help to clean up their work area and wash their hands.
7. End the activity by having the Leader say: "Cub Scouts, today you learned that long ago, Scouts just like you helped their families, their neighbors, and their country during a difficult time. They didn't wait to be asked. They didn't think they were too small. They saw a need—and they helped. Your message pouch is a reminder of that same spirit. Inside it, you can carry special messages of kindness and encouragement—words that can make someone smile, feel hopeful, or know they are not alone. When you write a kind note and give it to someone in your family, your school, or your community, you are doing exactly what Scouts have always done: helping others feel stronger. You don't need a big moment to make a difference. Sometimes the most powerful help is a few kind words, shared at just the right time. As you leave tonight, remember this: Scouts are helpers. Scouts are prepared. Scouts answer the call. Take your pouch with you, fill it with good messages, and look for chances to share them. Every note you give is a small act of service—and together, those small acts can make the world a brighter place. Now let's go out and—together—Do Our Best!"

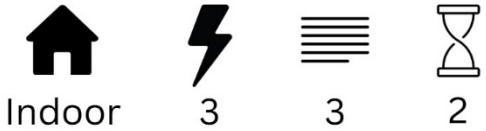
Home Front Helper - Additional Resources

None

Req. 2 - Be Prepared to Help

Snapshot of Activity

Cub Scouts practice simple first aid and emergency response skills by learning how Scouts used their training to help others after a train accident.



Be Prepared to Help - Supply List

Supply List

- Band-Aids (1 per Cub Scout)
- Bandages (1 per 5 Cub Scouts)
- Gauze pads (1 per 5 Cub Scouts)
- Disposable gloves (1 pair per Cub Scout)
- Stuffed animal

Be Prepared to Help – Directions

Before the meeting:

1. Gather all supplies.
2. Set up three stations labeled Bandage a Buddy, Comfort and Care, and Call for Help.
3. Place appropriate supplies at each station.

During the meeting:

1. Leader says: “Cub Scouts, before we start our first aid activity, I want to tell you a true story. A few years ago, some Scouts were riding on a train after a long trip. Suddenly, the train was in an accident, and people were hurt. The Scouts were tired and probably a little scared—but they remembered what they had learned in Scouting. They stayed calm. They used their first aid skills. They got help. And most importantly, they cared about other people. Those Scouts didn’t help because they were superheroes. They helped because they were prepared. Today, we are going to practice some of those same skills. You will learn how to help, stay calm, and care for someone who is injured when something unexpected happens.
2. Divide Cub Scouts into 3 groups and assign each group a starting station.
3. At the Bandage a Buddy station, have Cub Scouts put on disposable gloves. Then, have Cub Scouts practice placing a gauze pad and bandage on a stuffed animal. Next, have them practice putting a Band-Aid on their buddy’s finger.
4. At the Comfort and Care station, have Cub Scouts practice saying calm and helpful phrases to someone who is hurt.
5. At the Call for Help station, have Cub Scouts practice telling an adult what happened, where they are, and their name.

6. Rotate groups through each station until all Cub Scouts have completed all activities.
7. Lead a short discussion asking how Cub Scouts felt helping someone and why staying calm is important.
8. End the activity by having the Leader say: "Cub Scouts, take a moment and think about what you practiced today. You learned how to stay calm. You learned how to help. You learned how to take care of someone else. The Scouts in our story were ready because they practiced these same skills, over and over, just like you did today. They didn't know when they would need them—but when the moment came, they were prepared. Every bandage you practice, every kind word you share, and every time you jump in to help or remember to get help, that is all a part of becoming a Scout who makes a difference. You may not face a big emergency today or tomorrow—but every day, you can be helpful, brave, and kind. That's how Cub Scouts live the Scout Oath and Scout Law. That's how Cub Scouts help other people. And that's how you make the world a little better, one good turn at a time."

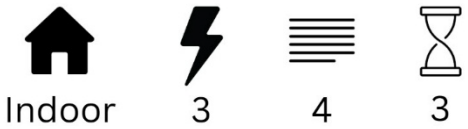
Be Prepared to Help - Additional Resources

https://blog.scoutingmagazine.org/2022/10/28/train-derailment-heroes-recognized-with-bsa-lifesaving-awards-watch-and-share-this-inspiring-video/
https://www.foxnews.com/video/6308774447112

Req. 2 – Bloom Balls

Snapshot of Activity

Cub Scouts will make bloom balls and learn about how national spirit can be fostered through conservation and service projects.



Bloom Balls - Supply List

- Wildflower seeds/native plant seeds (1 tablespoon per Cub Scout)
- Recycled paper/newspaper (3 sheets per Cub Scout)
- Compost/potting soil (2 cups per Cub Scout)
- Water
- Mixing bowls (1 per Cub Scout)
- Tray (1 for every 3 Cub Scouts)

Bloom Balls - Directions

Before the meeting:

1. Tear the recycled paper/newspaper into small pieces and place them in a bowl.
2. Soak the paper pieces in water for about 30 minutes to make them soft.
3. Drain remaining water and store the damp paper in a Ziplock bag.
4. Gather all materials and set up a clean workspace.

During the meeting:

1. Leader says: "In 1954, President Dwight Eisenhower asked Scouts across the country to help care for our nation's natural resources in what became known as the National Conservation Good Turn. Cub Scouts and Scouts answered the call in a big way — they shared millions of conservation posters, planted more than 6 million trees, built thousands of birdhouses, and created displays to teach their communities how to protect the world around them. Together, they showed that when Scouts work as a team, even small actions can make a big difference for our country and our planet. Today, we can continue that same spirit of service with a simple and fun conservation project: making bloom balls. Bloom balls are small balls made of soil, paper pulp, and native wildflower seeds. When we toss them onto the ground, they help grow native plants that provide food and homes for birds, bees, and other wildlife. By making and planting bloom balls, Cub Scouts can help repopulate native plants, support pollinators, and care for the land we all share. Just like the Scouts in 1954, we can do our part to protect nature — one small Good Turn at a time."
2. Give each Cub Scout a mixing bowl. Add 2 cups of paper pulp, 1 tablespoon of seeds, and 2 cups of potting soil. Have them mix thoroughly with their hands until well combined.

3. Once mixed, have the Cub Scouts take small amounts of the mixture (about a tablespoon at a time) and roll them into balls, roughly the size of a golf ball. Remind them that each ball must contain seeds, pulp, and soil.
4. Dry the bloom balls by placing them on a tray.
5. Give instructions to the Cub Scouts and their adult partners, reminding them to air-dry for at least 24 to 48 hours. Keep them in a shady area to prevent them from drying too quickly. To "plant" their bloom ball, Cub Scouts should make sure they have approval for that location. Preferably, they should choose a sunny area with bare soil. They should place their bloom ball on the soil and, if necessary, lightly cover it with a bit of soil. Gently water the bloom ball and the surrounding area.
6. Have the Cub Scouts help to clean up their work area and wash their hands.
7. End the activity by having the Leader say: "Each of you made a difference today. Now imagine millions of Cub Scouts across America and around the world doing these same good turns. That's the power of Scouting!"

Bloom Balls - Additional Resources

None

Requirement Three Activities

Req. 3 – Colonial Games Carnival

Snapshot of Activity

Cub Scouts will learn this Colonial-era game played by children at the time of the U.S.A.'s revolution.



Colonial Games Carnival - Supply List

- Painter's tape
- Small bean bag
- 10" wooden hoop (1 for every 2 participants)
- 1/4" x 12" wooden dowel rods (2 for each participant)
- 9 plastic bottles (1/4 filled with sand)
- Small ball

Colonial Games Carnival – Directions

Before the Meeting:

1. Use painter's tape to mark hopscotch courts on the floor.
2. Set up the Graces Station with enough space for Cub Scouts to safely pass the hoop.
3. Arrange the nine bottles in a diamond pattern to create the nine-pin bowling station.
4. Mark bowling lanes using painter's tape.
5. Assign an adult or den chief to supervise each game.
6. Ensure the area is open and clear of any hazards.

During the Meeting:

1. Explain to Cub Scouts that before electricity, televisions, cell phones, the internet, and video games, children played outdoor games like these for fun and exercise.
2. Divide Cub Scouts into small groups and assign each group to a starting station.
3. Instruct Cub Scouts at the hopscotch station to toss the bean bag into a square and hop through the pattern, skipping the square with the marker.
4. Instruct Cub Scouts at the Graces Station to work with a partner to pass the hoop back and forth using the sticks. Standing 10 feet apart, each player holds two sticks, and one player starts with a hoop. To begin, the first player holds two sticks in an X-shape. The hoop is placed over these sticks, and by quickly pulling the arms apart, the hoop is launched towards the other player. The goal is to catch the flying hoop on the sticks. Once caught, the partner then tosses the hoop back in the same way. Players continue passing the hoop back and forth, trying to keep it moving smoothly without dropping it.

5. Instruct Cub Scouts at the nine-pin bowling station to roll the ball and try to knock down as many pins as possible.
6. Rotate groups through each station so everyone participates in all three games.
7. Encourage Cub Scouts to cheer for one another and demonstrate good sportsmanship.
8. Gather Cub Scouts at the end and explain that these games helped children stay active, build friendships, and have fun in early America.

Tips:

- Demonstrate each game before Cub Scouts begin.

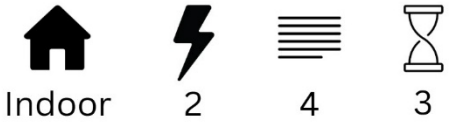
Colonial Games Carnival - Additional Resources

None

Req. 3 – Rolled Beeswax Candle Making

Snapshot of Activity

Cub Scouts make a rolled beeswax candle to celebrate America's 250th birthday and reflect on how their actions help carry the light of freedom forward.



Rolled Beeswax Candles - Supply List

- Beeswax candle sheets 8x8 inches (1 per participant)
- Cotton wicks 9 inches long (1 pre-cut piece per participant)
- Scissors

Rolled Beeswax Candles – Directions

Before the Meeting:

1. Purchase supplies.
2. Pre-cut cotton wicks into 9" lengths.

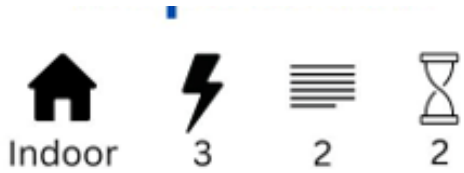
During the Meeting:

1. Explain that candles have long been used to represent hope, freedom, and remembrance. Before electricity was invented, people used candles to see in the dark. Candles gave light in homes, schools, and meeting places so families could cook, read, and spend time together after the sun went down. In colonial times, people made their own candles from materials like beeswax or animal fat, and each candle was important because it helped bring light and safety.
2. Give each participant 1 beeswax candle sheet and 1 9" cotton wick.
3. Show how to place the wick along one edge of the beeswax sheet.
4. Demonstrate how to press the beeswax edge tightly around the wick to begin the roll.
5. Instruct participants to slowly and carefully roll the beeswax sheet, keeping the roll tight and straight.
6. Encourage them to gently press the edge at the end to seal the candle.
7. Assist in using the scissors to trim the wick at the top if needed, leaving about one-half inch exposed.
8. Remind everyone to clean up their area once their candle is completed.

Req. 3 - Hopscotch

Snapshot of Activity

Cub Scouts will learn this Colonial-era game played by children at the time of the U.S.A.'s revolution.



Hopscotch - Supply List

- Sidewalk chalk (outdoor)
- Painter's Tape (indoor)
- Bean bag or small flat stone

Hopscotch – Directions

Before the Meeting:

1. Set up the hopscotch court. Make squares large enough for a child's foot (about 12–18 inches each). Use chalk to draw the traditional hopscotch pattern:
    a. One square labeled 1
    b. One square labeled 2
    c. Two side-by-side squares labeled 3 and 4
    d. One square labeled 5
    e. Two side-by-side squares labeled 6 and 7
    f. One square labeled 8
    g. Two side-by-side squares labeled 9 and 10
    h. Semicircle at the top labeled Home

During the Meeting:

1. Explain the rules of hopscotch and how to play.
    a. Objective: Complete the entire hopscotch course by hopping through each numbered square while successfully tossing and retrieving your marker.
    b. Rules:

- If the marker lands on a line or outside the square, the turn ends.
- If the Cub Scout steps on a line, loses balance, or forgets to skip the marker square, the turn ends.
- The next player takes their turn.
- Players continue from their last completed number on their next turn.

c. How to Win:

- The first Cub Scout to successfully complete all numbered squares is the winner. Everyone is encouraged to cheer for each other and have fun!

2. Step-by-Step Directions

a. A Cub Scout stands behind the starting line.

b. They toss the bean bag.

- Toss the bean bag into square 1.
- The bean bag must land inside the square without touching the lines.

c. Hop through the course.

- Hop on one foot in single squares.
- Land with one foot in each square when two squares are side-by-side.
- Skip the square with the bean bag.

d. Turn around at the end.

- At the last square, stop, turn carefully, and hop back.

e. Pick up the bean bag.

- When reaching the square before the bean bag, balance on one foot, lean down, and pick it up.
- Hop over that square and finish the course.

f. Next turn.

- On the next turn, toss the bean bag into square 2, then repeat the process.

g. Continue until completing all squares.

Hopscotch - Additional Resources

https://www.youtube.com/watch?v=fZzswQaICfM

Req. 3 – Butter Churning

Snapshot of Activity

Cub Scouts will make their own tasty treat by shaking, turning, and churning cream into butter, just like the early Americans.



Butter Churning - Supply List

- 3 tablespoons heavy whipping cream (per Cub Scout)
- Tablespoon
- Salt
- Small 4 oz glass mason jar with tight lid (1 per Cub Scout)
- Crackers or bread
- Butter knife

Butter Churning - Directions

1. Give each Cub Scout a jar and a lid.
2. Carefully add 3 tablespoons of heavy whipping cream into the mason jar. Make sure the jar is only about halfway full so there is room to shake.
3. Seal the lid tightly to prevent leaks.
4. Ask Cub Scouts to start shaking their jar up and down continuously. After about 1–2 minutes, the cream will thicken into whipped cream. Keep shaking!
5. After another 2–5 minutes, the butter will separate into a solid lump and a liquid called buttermilk. You will hear and feel it sloshing differently. Total shaking/mixing time is about 8 to 10 minutes.
6. Open the jar and pour off the remaining liquid (adult help recommended).
7. Add a small amount of cold water to the jar and gently shake the butter in the cold water to rinse off any residual buttermilk liquid that can make the butter taste sour and spoil faster.
8. Add a small pinch of salt, if desired.
9. Enjoy the butter! Use the butter knife to spread butter on bread or crackers.

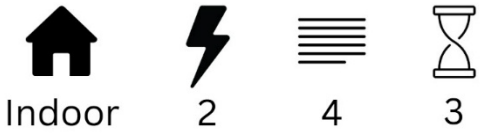
Butter Churning - Additional Resources

Cooking with Kids - Butter in a Jar!

Req. 3 – Herbal Sachets

Snapshot of Activity

Cub Scouts will craft fragrant herbal sachets, which were used to keep insects away and add a fresh, natural scent to their space.



Herbal Sachets - Supply List

- Dried herbs and spices (the following amounts will fill 10 sachets)
  - ½ cup dried lavender flowers
  - ⅓ cup dried rose petals
  - 3 tablespoons dried rosemary
  - 3 tablespoons dried mint leaves
  - 2 teaspoons whole cloves
  - 1¼ teaspoons ground cinnamon
- Mixing bowl
- Pestle
- Spoon
- Measuring cups and spoons
- Scissors
- 6”x6” cotton fabric squares (1 per Cub Scout)
- 12” decorative ribbon (1 per Cub Scout)
- Lighter

Herbal Sachets – Directions

Before the Meeting:

1. Cut fabric into 6” squares (if needed).
2. Cut ribbon into 12” lengths and fuse ends with lighter.

3. Mix herbs and spices in a mixing bowl (following the proportions needed) and lightly crush with a pestle.

During the Meeting:

1. Explain that before electricity and modern air fresheners, colonial families used sachets filled with herbs and spices to keep their homes and clothing smelling clean and fresh. These natural fragrances also helped keep insects away and made everyday life more pleasant.
2. Give each Cub Scout 1 fabric square and 1 length of ribbon.
3. Have the Cub Scouts scoop 3 tablespoons of the herb and spice mixture and place it in the middle of their fabric squares.
4. Have Cub Scouts gather up the corners of their fabric squares and tightly collect the fabric together to close the sachet.
5. Have Cub Scouts securely tie their sachets closed with the ribbon using a square knot.

Herbal Sachets - Additional Resources

How to make : Herbal Sachet 💝 for construction and recommended herb mixture

Req. 3 – Johnny Cakes

Snapshot of Activity

Cub Scouts will make Johnny Cakes, a simple and tasty cornmeal bread that was a staple in early American kitchens.



Johnny Cakes - Supply List

- Ingredients (to make 8 small johnny cakes)
  - 1 cup cornmeal
  - ½ teaspoon salt
  - 1 tablespoon sugar
  - 1 cup boiling water
  - 2 tablespoons butter
  - ½ cup milk
- Mixing bowl
- Measuring cups and spoons
- Spatula
- Skillet or griddle pan
- Spoon
- Butter
- Maple syrup
- Plates (1 per Cub Scout)
- Forks (1 per Cub Scout)

Johnny Cakes – Directions

<u>Before the Meeting:</u>

1. Prepare and measure ingredients.

During the Meeting:

1. In a bowl, stir together the cornmeal, salt, and sugar.
2. Add boiling water. Pour in the boiling water a little at a time, stirring hard to make a thick batter. Let it sit for 5 minutes so the cornmeal softens.
3. Adjust the batter. If it's too thick to scoop, stir in a splash of milk until it has a consistency like thick oatmeal.
4. Warm a skillet or griddle over medium heat. Melt butter to lightly coat the surface.
5. Drop batter by spoonfuls (about 2–3 tablespoons each) onto the hot pan and flatten slightly with a spatula.
6. Cook 3–4 minutes per side, until golden and the edges look set.
7. Serve. Eat the johnny cakes warm with butter and maple syrup.

Johnny Cakes - Additional Resources

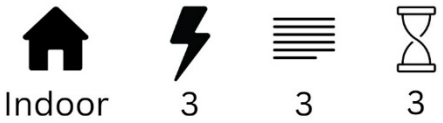
None

Requirement Four Activities

Req. 4 – Happy Birthday, America!

Snapshot of Activity

Cub Scouts will participate in a birthday party for the United States of America.



Happy Birthday, America! **- Supply List**

- Birthday cupcakes (1 per participant)
- Plates (1 per participant)
- Napkins (1 per participant)
- Table covering in patriotic colors (red, white, and blue)
- Trash bags

Happy Birthday, America! **– Directions**

Before the Event:

1. Cover a table with a patriotic table covering. Then, place cupcakes, plates, and napkins on the table.

During the Event:

1. Gather Cub Scouts and explain that just like we celebrate our own birthdays, we also celebrate the birthday of our country. Share that America's birthday reminds us of the courage, teamwork, and hope of the people who helped create our nation. Explain that this year, we are celebrating the 250th birthday of our country.
2. Lead everyone in singing "Happy Birthday" to America.
3. Serve cupcakes to Cub Scouts and families.
4. Encourage Cub Scouts to say "Happy Birthday, America!" together with a cheer.
5. Allow time for Cub Scouts to enjoy refreshments and talk with their fellow Scouts.
6. Have Cub Scouts help clean up their area when finished. Remind everyone to throw their trash in the trash bags.After the event:

Happy Birthday, America! **- Additional Resources**

None

Req. 4 – 4th of July Parade

Snapshot of Activity

Cub Scouts prepare for and participate in a Fourth of July parade to demonstrate citizenship and Cub Scout spirit.



4th of July Parade - Supply List

- Pack and Den flags
- American flags
- Parade banner with Pack number
- Water cooler (to refill Cub Scout water bottles)
- Sunscreen
- First aid kit
- Wagon (to carry extra supplies)
- Festive decorations

4th of July Parade – Directions

Before the Event:

2. Register the Pack your local Fourth of July parade and confirm lineup time and location.
3. Review parade rules and safety guidelines provided by event organizers.
4. Gather flags, decorations, and supplies.
5. Decide if participants will wear their Cub Scout uniform or activity shirt and communicate the decision to everyone.
6. Remind Cub Scouts to bring their reusable water bottles and to wear sunscreen.
7. Communicate event details, uniform expectations, and arrival time to each parent or legal guardian.
8. Check the weather forecast and plan accordingly.

During the Event:

1. Gather Cub Scouts at the parade lineup area and check in with event organizers.
2. With all Pack participants, review parade expectations, including staying with the group, showing respect for the flag, and demonstrating the Scout Law.

3. Distribute patriotic decorations.
4. Walk the parade route together, waving to the community and showing Cub Scout spirit.
5. At the end of the parade route, gather Cub Scouts and conduct a brief reflection on the experience and what citizenship means.

After the event:

1. Have Cub Scouts sign a thank-you note to send to parade organizers for including the Pack in the parade.

Tips

- Remind each Cub Scout to bring a reusable water bottle and wear sunscreen.
- Invite Den Chiefs to participate and encourage additional adults to help supervise safe spacing.
- Bring extra safety pins, tape, or clips for banner or uniform adjustments.
- Take a group photo to share with families and celebrate participation.

4th of July Parade - Additional Resources

None

Req. 4 – America250 Event

Snapshot of Activity

Cub Scouts will participate in an America250 event to celebrate the 250th anniversary of America and learn about American history, citizenship, and service.



America250 Event - Supply List

None

America250 Event – Directions

Before the Event:

1. Using the America 250 website, https://america250.org/, identify a local or regional event for your Pack to attend.
2. If necessary, register the Pack for the event. Confirm details and location.
3. Review rules, safety guidelines, and event details provided by event organizers with adult leadership and families.
4. Share event expectations with Cub Scouts and adults.
5. Decide if participants will wear their Cub Scout uniform or activity shirt and communicate the decision to everyone.
6. Communicate event details, uniform expectations, and arrival time to each parent or legal guardian.

During the Event:

1. Gather Cub Scouts at the event location and check in with event organizers.
2. With all Pack participants, review expectations, including staying with the group, showing respect, and demonstrating the Scout Law.
3. At the end of the event, gather Cub Scouts and conduct a brief reflection on the experience and what citizenship means.

After the Event:

1. Have Cub Scouts sign a thank-you note to send to the event organizers.

America250 Event - Additional Resources

None